



Canoe Multiday Touring Checklist

Note: This list is intentionally extensive; not every paddler will bring every item on every outing.

Canoe basics

- | | |
|---|--|
| <input type="checkbox"/> Canoe | <input type="checkbox"/> Dry bags (for gear organization) |
| <input type="checkbox"/> Paddle (1 per paddler) | <input type="checkbox"/> Spray covers |
| <input type="checkbox"/> Extra paddle | <input type="checkbox"/> Weather/VHF radio |
| <input type="checkbox"/> Personal floatation device (1 per paddler) | <input type="checkbox"/> Signaling devices (whistle, mirror, flares) |
| <input type="checkbox"/> Extra PFD | <input type="checkbox"/> Float bags |
| <input type="checkbox"/> Seat | <input type="checkbox"/> Emergency floating throw line (w/throw bag) |
| <input type="checkbox"/> Knee pads | <input type="checkbox"/> Bailer or bilge pump |
| <input type="checkbox"/> Yoke (with pads) | <input type="checkbox"/> Sponges |
| <input type="checkbox"/> _____ | <input type="checkbox"/> _____ |

Core gear

- | | |
|---|--|
| <input type="checkbox"/> Maps and charts in waterproof case | <input type="checkbox"/> First-aid supplies (see our First-aid checklist) |
| <input type="checkbox"/> Compass | <input type="checkbox"/> Sunglasses |
| <input type="checkbox"/> GPS | <input type="checkbox"/> Sunscreen |
| <input type="checkbox"/> Matches/lighter/fire starter in waterproof container | <input type="checkbox"/> Lip balm |
| <input type="checkbox"/> Knife or multi-tool | <input type="checkbox"/> Water bottles (filled) |
| <input type="checkbox"/> Two-way radios | <input type="checkbox"/> Water treatment method |
| <input type="checkbox"/> Cell phone in protective bag | <input type="checkbox"/> Backup water treatment (e.g., halogens) |
| <input type="checkbox"/> Multifunction watch | <input type="checkbox"/> Energy food (bars, gels, trail mix) |
| <input type="checkbox"/> Headlamp or flashlight (with extra batteries) | <input type="checkbox"/> Beverages or powdered drinks |
| <input type="checkbox"/> _____ | <input type="checkbox"/> _____ |

Camp options (see our [Backpacking](#) or [Family Camping](#) checklists for more options beyond these basics)

- | | |
|--|--|
| <input type="checkbox"/> Tent, tarp or bivy sack | <input type="checkbox"/> Insect repellent (plus headnet, if needed) |
| <input type="checkbox"/> Sleeping bag | <input type="checkbox"/> Toilet paper and sanitation trowel |
| <input type="checkbox"/> Sleeping pad | <input type="checkbox"/> Hand sanitizer |
| <input type="checkbox"/> Meals and snacks | <input type="checkbox"/> Camera |
| <input type="checkbox"/> Cooler (with ice) | <input type="checkbox"/> Binoculars |
| <input type="checkbox"/> Stove and fuel | <input type="checkbox"/> Packable lantern |
| <input type="checkbox"/> Cookset and utensils | <input type="checkbox"/> Credit card; small amount of cash |
| <input type="checkbox"/> Dishes, bowls and cups | <input type="checkbox"/> Trip itinerary left w/friend + under car seat |
| <input type="checkbox"/> _____ | <input type="checkbox"/> _____ |

Clothing options

- | | |
|--|---|
| <input type="checkbox"/> Dry suit or top | <input type="checkbox"/> Moisture-wicking T-shirt |
| <input type="checkbox"/> Paddling gloves or pogies | <input type="checkbox"/> Moisture-wicking underwear |
| <input type="checkbox"/> Neoprene footwear | <input type="checkbox"/> Rashguard |
| <input type="checkbox"/> Sandals | <input type="checkbox"/> Swimsuit |
| <input type="checkbox"/> Helmet | <input type="checkbox"/> Shorts or convertible pants |
| <input type="checkbox"/> Sun-shielding hat | <input type="checkbox"/> Sun-shielding shirt (long sleeves) and pants |
| <input type="checkbox"/> Hat or cap retainer | <input type="checkbox"/> Spray jacket or rainwear (jacket and pants) |
| <input type="checkbox"/> Skullcap | <input type="checkbox"/> Synthetic vest or jacket (for insulation) |
| <input type="checkbox"/> Bandanna or buff | <input type="checkbox"/> Synthetic pants (for insulation) |
| <input type="checkbox"/> Wool/synthetic cap or balaclava | <input type="checkbox"/> Synthetic gloves or mittens |
| <input type="checkbox"/> _____ | <input type="checkbox"/> _____ |

Repair-kit options

- | | |
|--|---|
| <input type="checkbox"/> Sealant (such as Aquaseal) | <input type="checkbox"/> Putty |
| <input type="checkbox"/> Bailing wire (copper, small roll) | <input type="checkbox"/> Replacement nuts/bolts |
| <input type="checkbox"/> Nylon cord (or bungee cords) | <input type="checkbox"/> Duct tape |
| <input type="checkbox"/> _____ | <input type="checkbox"/> _____ |